

EXHIBIT R-19

De : "Lai, Angela" <angela.lai@rbc.com>
A: <Mylene.Grenier@abitibibowater.com>
Cc : <Isabel.Pouliot@Abitibibowater.com>
Date: 2009-07-14 11:56
Objet : RE: List of Beneficiaries covered by Avenor Inc SERP RCA

Mylene,

Can you please provide a timeline of about when we will be able to receive the following information? Thank you for your assistance.

Angela

From: Lai, Angela
Sent: July 9, 2009 5:49 PM
To: 'Mylene.Grenier@abitibibowater.com'
Cc: Isabel.Pouliot@Abitibibowater.com
Subject: RE: List of Beneficiaries covered by Avenor Inc SERP RCA

Mylene,

Can you please also provide us with the following payment information of the monthly pensioners of the Avenor RCA, as well as Mr. Gerard Renaud, the sole beneficiary covered by the letter of credit in the Alliance Forest RCA:

1. gross monthly payment amount
2. payment termination date, if applicable
3. banking information (bank ID, branch transit and account number)
4. TD Form 1 information
5. additional tax to be withheld, in dollar amount, if applicable

Besides, there are 4 Vested Terminated Members according to Appendix C of the Actuarial Valuation as at March 31, 2008 for the Avenor RCA. Can you please provide us with their names and contact information?

Thank you for your assistance in this matter.

Angela Lai | Senior Trust Officer, RCA/EBP & Escrow Group, RBC Wealth Management,
Specialized Estate and Trust Services | **Royal Trust Corporation of Canada** | Telephone: 416-
955-5074 | Fax: 416-955-3268 | 77 King Street West, 4th Floor | Toronto, Ontario | M5W 1P9

From: Mylene.Grenier@abitibibowater.com [<mailto:Mylene.Grenier@abitibibowater.com>]
Sent: July 2, 2009 8:37 AM
To: Lai, Angela
Cc: Isabel.Pouliot@Abitibibowater.com

Subject: RE: List of Beneficiaries covered by Avenor Inc SERP RCA

Angela,

They are all monthly pensioners.

There is no other participant covered under the SERP than the one provided on the CD-Rom.

Thank you for your patience.

Mylène Grenier
Directrice Retraite et Assurance Collective - Canada / Manager Pension & Benefits - Canada
AbitibiBowater
1155, rue Metcalfe, bureau 800, Montréal (Québec) H3B 5H2
Tél: 514 394 2307
Fax: 514 394 2269

"Lai, Angela" <angela.lai@rbc.com>

2009-06-24 17:42

A <Mylene.Grenier@abitibibowater.com>
cc <Isabel.Pouliot@Abitibibowater.com>
Objet RE: List of Beneficiaries covered by Avenor Inc SERP RCA

Hi Mylène,

Did you have a chance to look into this? Your prompt reply will be much appreciated. Thanks.

Angela

From: Lai, Angela
Sent: June 11, 2009 4:55 PM
To: 'Mylene.Grenier@abitibibowater.com'
Cc: 'Isabel.Pouliot@Abitibibowater.com'
Subject: List of Beneficiaries covered by Avenor Inc SERP RCA

Hi Mylène,

Thank you for the list of beneficiaries on the CD-Rom. Are they all monthly pensioners?

Please also provide the contact information of those participants who are covered under the SERP but who are not monthly pensioners, e.g. active and vested terminated members?

Thank you for your assistance.

Angela Lai | Senior Trust Officer, RCA/EBP & Escrow Group, RBC Wealth Management,
Specialized Estate and Trust Services | **Royal Trust Corporation of Canada** | Telephone: 416-
955-5074 | Fax: 416-955-3268 | 77 King Street West, 4th Floor | Toronto, Ontario | M5W 1P9

From: Lai, Angela
Sent: June 2, 2009 10:46 AM
To: 'Mylene.Grenier@abitibibowater.com'
Cc: 'Isabel.Pouliot@Abitibibowater.com'; Yeung, Sharon
Subject: RE: Please send me your mailing address

Hi Mylène,

This is to confirm receipt of the package by mail this morning. Regards.

Angela Lai | Senior Trust Officer, RCA/EBP & Escrow Group, RBC Wealth Management,
Specialized Estate and Trust Services | **Royal Trust Corporation of Canada** | Telephone: 416-
955-5074 | Fax: 416-955-3268 | 77 King Street West, 4th Floor | Toronto, Ontario | M5W 1P9

From: Yeung, Sharon
Sent: June 1, 2009 3:52 PM
To: 'Mylene.Grenier@abitibibowater.com'
Cc: Lai, Angela; 'Isabel.Pouliot@Abitibibowater.com'
Subject: RE: Please send me your mailing address

Hi Mylène,

Thank you for the quick response. As this should be undeliverable to a Postal Box address, could you please trace the whereabouts of the package with the courier such that we can determine if it is being returned to your attention or that an individual of RBC has signed for this item?

Many thanks,
Sharon S.M. Yeung | Manager, RCA/EBP & Escrow Group
RBC Wealth Management, Specialized Estate and Trust Services
ROYAL TRUST CORPORATION OF CANADA
77 King Street West, 4th Floor, P.O. Box 7500, Station "A", Toronto, ON, M5W 1P9, Canada
Tel: 416-955-3401 | Fax: 416-955-3268
sharon.yeung@rbc.com

Please consider the environment before printing this email.

From: Mylene.Grenier@abitibibowater.com [mailto:Mylene.Grenier@abitibibowater.com]
Sent: 2009, June, 01 3:25 PM
To: Yeung, Sharon
Cc: Lai, Angela; Isabel.Pouliot@Abitibibowater.com
Subject: RE: Please send me your mailing address

Sharon, we were not aware of the courier address so we sent the package to your address listed in your email.

Please advice.

Mylène Grenier
Directrice Retraite et Assurance Collective - Canada / Manager Pension & Benefits - Canada
AbitibiBowater
1155, rue Metcalfe, bureau 800, Montréal (Québec) H3B 5H2
Tél: 514 394 2307
Fax: 514 394 2269

"Yeung, Sharon" <sharon.yeung@rbc.com>

06/01/2009 15:21

A <Mylene.Grenier@abitibibowater.com>
cc "Lai, Angela" <angela.lai@rbc.com>, <Isabel.Pouliot@Abitibibowater.com>
Objet RE: Please send me your mailing address

Hi Mylène,

To date, we still have not received the package. Can you please investigate with the courier?
Please note that for delivery by courier, the following is the correct address:

Royal Trust Tower
77 King Street West, 4th Floor
Toronto, ON **M5K 1K5**

We look forward to hearing further from you with respect to this matter.

Kind regards,

Sharon S.M. Yeung | Manager, RCA/EBP & Escrow Group
RBC Wealth Management, Specialized Estate and Trust Services
ROYAL TRUST CORPORATION OF CANADA
77 King Street West, 4th Floor, P.O. Box 7500, Station "A", Toronto, ON, M5W 1P9, Canada
Tel: 416-955-3401 | Fax: 416-955-3268

sharon.yeung@rbc.com

Please consider the environment before printing this email.

From: Mylene.Grenier@abitibibowater.com [<mailto:Mylene.Grenier@abitibibowater.com>]
Sent: 2009, May, 29 1:19 PM
To: Yeung, Sharon
Cc: Lai, Angela; Isabel.Pouliot@Abitibibowater.com
Subject: RE: Please send me your mailing address

I sent a CD-Rom including the list to your attention yesterday by courier.

Mylène Grenier
Directrice Retraite et Assurance Collective - Canada / Manager Pension & Benefits - Canada
AbitibiBowater
1155, rue Metcalfe, bureau 800, Montréal (Québec) H3B 5H2
Tél: 514 394 2307
Fax: 514 394 2269
"Yeung, Sharon" <sharon.yeung@rbc.com>

05/29/2009 13:17

A <Mylene.Grenier@abitibibowater.com>
cc "Lai, Angela" <angela.lai@rbc.com>, <Isabel.Pouliot@Abitibibowater.com>
Objet RE: Please send me your mailing address

Hi Mylène,

The contact person for the RCA trust account is Angela Lai, Senior Trust Officer. Her contact information is as follows:

Royal Trust Corporation of Canada
Royal Trust Tower
77 King Street West, 4th Floor
P.O. Box 7500, Station "A"
Toronto, ON M5W 1P9
Telephone Number: (416) 955-5074
Fax Number: (416) 955-3268

Please note that until we receive the List of Participant's with names and contact information, we will be unable to provide any details to these individuals. Can you please advise when this information can be made available to us?

Kind regards,

Sharon S.M. Yeung | Manager, RCA/EBP & Escrow Group
RBC Wealth Management, Specialized Estate and Trust Services
ROYAL TRUST CORPORATION OF CANADA
77 King Street West, 4th Floor, P.O. Box 7500, Station "A", Toronto, ON, M5W 1P9, Canada
Tel: 416-955-3401 | Fax: 416-955-3268
sharon.yeung@rbc.com

Please consider the environment before printing this email.

From: Mylene.Grenier@abitibibowater.com [<mailto:Mylene.Grenier@abitibibowater.com>]
Sent: 2009, May, 29 12:33 PM
To: Yeung, Sharon
Cc: Lai, Angela; Isabel.Pouliot@Abitibibowater.com
Subject: RE: Please send me your mailing address

Sharon,

Several beneficiaries are contacting us and I have to give them the name of the resource person as well as the phone number of the person in charge of the beneficiaries of the letter of credit. Who is the person and what is its number?

Mylène Grenier
Directrice Retraite et Assurance Collective - Canada / Manager Pension & Benefits - Canada
AbitibiBowater
1155, rue Metcalfe, bureau 800, Montréal (Québec) H3B 5H2
Tél: 514 394 2307
Fax: 514 394 2269

"Yeung, Sharon"
<sharon.yeung@rbc.com>

05/28/2009 16:03

A <Mylene.Grenier@abitibowater.com>
cc "Emilie Blanchette" <emilie.blanchette@abitibowater.com>, "Lai, Angela"
<angela.lai@rbc.com>
Objet RE: Please send me your mailing address

Hi Mylene,

Please find below my contact coordinates and email address.

Kind regards,
Sharon S.M. Yeung | Manager, RCA/EBP & Escrow Group
RBC Wealth Management, Specialized Estate and Trust Services
ROYAL TRUST CORPORATION OF CANADA
77 King Street West, 4th Floor, P.O. Box 7500, Station "A", Toronto, ON, M5W 1P9, Canada
Tel: 416-955-3401 | Fax: 416-955-3268
sharon.yeung@rbc.com

Please consider the environment before printing this email.

From: Mylene.Grenier@abitibowater.com [<mailto:Mylene.Grenier@abitibowater.com>]
Sent: 2009, May, 28 3:55 PM
To: Yeung, Sharon
Cc: Emilie Blanchette
Subject: Please send me your mailing address

Mylène Grenier
Directrice Retraite et Assurance Collective - Canada / Manager Pension & Benefits - Canada
AbitibiBowater
1155, rue Metcalfe, bureau 800, Montréal (Québec) H3B 5H2
Tél: 514 394 2307
Fax: 514 394 2269

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May 29th, 2009

By courier

Mrs Sharon Yeung
Manager, RCA/EBP & Escrow Group
RBC Wealth Management, Specialized Estate and Trust Services
Royal Trust Corporation of Canada
77 King Street West, 4th Floor,
P.O. Box 7500, Station "A"
Toronto, ON, M5W 1P9

Subject: Avenor Inc. SERP RCA
Account number : 110005001
Supplemental Retirement Benefit Plans of Bowater Canadian Forest
Products Inc (the "Plan")

Dear Mrs Yeung,

We are writing further to Angela Lai's letter dated May 26th, 2009 as well as our conversation on May 19th, 2009. Enclosed is a CD-Rom on which you will find the list of beneficiaries for whom you hold a letter of credit guarantying totally or partially the benefits covered by the above-mentioned Plan.

I would greatly appreciate it if you could send me an electronic copy of the communication that will be sent to beneficiaries for our files.

Do not hesitate to contact me for any additional information on the matter.

Yours very truly,



Mylène Grenier
Manager, Pension and Benefits, Canada

c.c. Isabel Pouliot, AbitibiBowater
Angela Lai, Royal Trust Corporation of Canada

SUPERIOR COURT
(Commercial Division)

N° 500-11-036133-094

CANADA
PROVINCE OF QUÉBEC
DISTRICT OF MONTRÉAL

IN THE MATTER OF THE PLAN OF
COMPROMISE OR ARRANGEMENT OF :

ABITIBOWATER INC. AND AL.

Petitioners

-and-
ERNST & YOUNG INC.

Monitor

BS0350 Our file: 041053-1170

EXHIBIT R-19

ORIGINAL

Me Mélanie Béland (514) 397-3197
Fax : (514) 397-3591

STIKEMAN ELLIOTT
Stikeman Elliott LLP BARRISTERS & SOLICITORS
40th Floor
1155, René-Lévesque Blvd. West
Montréal, Canada H3B 3V2